

Compilation of WHO HQ mental health documents 2001-2025¹

¹ This document includes some duplicates (across categories). The document does not include

- documents from Regional and Country Offices.
- documents that are mainly on neurology and brain health or on alcohol, drugs and behavioural addictions.
- documents that are on numerous health topics including mental health
- journal articles by WHO staff
- brochures

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1. Core documents

Comprehensive Mental Health Action Plan

- World Health Organization (2021). Comprehensive mental health action plan 2013–2030. World Health Organization. <https://iris.who.int/handle/10665/345301> ²

World Reports

- World Health Organization (2025). World mental health today: latest data. World Health Organization. <https://iris.who.int/handle/10665/382343>
- World Health Organization (2022). World mental health report: transforming mental health for all. World Health Organization. <https://iris.who.int/handle/10665/356119> ³
- World Health Organization (2001). The World health report 2001 – Mental health: new understanding, new hope. World Health Organization. <https://iris.who.int/handle/10665/42390>
- World Health Organization (2014). Preventing suicide: a global imperative. World Health Organization. (<https://iris.who.int/handle/10665/131056>)

Major Initiatives

- World Health Organization & United Nations Children's Fund (UNICEF) (2022). UNICEF and WHO joint programme on mental health and psychosocial well-being and development of children and adolescents. World Health Organization. <https://iris.who.int/handle/10665/363339>
- World Health Organization (2019). The WHO special initiative for mental health (2019–2023): universal health coverage for mental health. World Health Organization. <https://iris.who.int/handle/10665/310981>
- World Health Organization (2018). LIVE LIFE: preventing suicide. World Health Organization. <https://iris.who.int/handle/10665/325650>
- World Health Organization (2012). WHO QualityRights Initiative - Transforming services and promoting human rights in mental health and related areas. <https://www.who.int/activities/transforming-services-and-promoting-human-rights-in-mental-health-and-related-areas>
- World Health Organization (2008). mhGAP: Mental Health Gap Action Programme: scaling up care for mental, neurological and substance use disorders. World Health Organization. <https://iris.who.int/handle/10665/43809>

Fact sheets

- Bipolar disorder fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/bipolar-disorder>
- Depressive disorder fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/depression>
- Mental disorders fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/mental-disorders>
- Mental health at work fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/mental-health-at-work>

² Update of: World Health Organization (2013). Comprehensive mental health action plan 2013–2020. World Health Organization. <https://iris.who.int/handle/10665/89966>

³ Also published in abbreviated form as: World Health Organization (2022). World mental health report: transforming mental health for all: **executive summary**. World Health Organization. <https://iris.who.int/handle/10665/356115>

- Mental health in emergencies fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/mental-health-in-emergencies>
- Mental health of adolescents fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health>
- Mental health of older adults fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/mental-health-of-older-adults>
- Post-traumatic stress disorder fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/post-traumatic-stress-disorder>
- Refugee and migrant mental health fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/refugee-and-migrant-mental-health>
- Schizophrenia fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/schizophrenia>
- Suicide fact sheet. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/suicide>

Atlas

- World Health Organization (2025). Mental health atlas 2024. World Health Organization. <https://iris.who.int/handle/10665/382452>⁴
- Saxena, S., Barrett, T., World Health Organization & International Council of Nurses (2007). Atlas: nurses in mental health 2007. World Health Organization. <https://iris.who.int/handle/10665/43701>
- World Health Organization (2005). Atlas: psychiatric education and training across the world: 2005. World Health Organization. <https://iris.who.int/handle/10665/43345>
- World Health Organization (2005). Atlas: child and adolescent mental health resources: global concerns: implications for the future. World Health Organization. <https://iris.who.int/handle/10665/43307>

ICD-11

- World Health Organization (2024). Clinical descriptions and diagnostic requirements for ICD-11 mental, behavioural and neurodevelopmental disorders. World Health Organization. <https://iris.who.int/handle/10665/375767>

⁴ Update of:

- World Health Organization (2021). Mental health atlas 2020. World Health Organization. <https://iris.who.int/handle/10665/345946>
- World Health Organization (2018). Mental health atlas 2017. World Health Organization. <https://iris.who.int/handle/10665/272735>
- World Health Organization (2015). Mental health atlas 2014. World Health Organization. <https://iris.who.int/handle/10665/178879>
- World Health Organization (2011). Mental health atlas: 2011. World Health Organization. <https://iris.who.int/handle/10665/44697>
- World Health Organization (2005). Mental health atlas: 2005. World Health Organization. <https://iris.who.int/handle/10665/43230>
- World Health Organization (2001). Atlas of mental health resources in the world 2001. World Health Organization. <https://iris.who.int/handle/10665/66910>
- World Health Organization (2001). Atlas: country profiles of mental health resources 2001. World Health Organization. <https://iris.who.int/handle/10665/67160>

2. Mental Health Policy, Legislation and Human Rights

Guidance on mental health, human rights and legislation

- World Health Organization & United Nations. Office of the High Commissioner for Human Rights (2023). Mental health, human rights and legislation: guidance and practice. World Health Organization. <https://iris.who.int/handle/10665/373126>

Guidance on mental health policy and strategic action plans⁵

- World Health Organization (2025). Guidance on mental health policy and strategic action plans: module 1: introduction, purpose and use of the guidance. World Health Organization. <https://iris.who.int/handle/10665/380465>
- World Health Organization (2025). Guidance on mental health policy and strategic action plans: module 2: key reform areas, directives, strategies, and actions for mental health policy and strategic action plans. World Health Organization. <https://iris.who.int/handle/10665/380466>
- World Health Organization (2025). Guidance on mental health policy and strategic action plans: module 3: process for developing, implementing, and evaluating mental health policy and strategic action plans. World Health Organization. <https://iris.who.int/handle/10665/380467>

⁵ The following documents have been superseded by the documents listed under “Guidance on mental health policy and strategic action plans”:

- World Health Organization (2009). Improving health systems and services for mental health. World Health Organization. <https://iris.who.int/handle/10665/44219>
- World Health Organization (2007). Monitoring and evaluation of mental health policies and plans. World Health Organization. <https://iris.who.int/handle/10665/43631>
- World Health Organization (2005). Mental health policies and programmes in the workplace. World Health Organization. <https://iris.who.int/handle/10665/43337>
- World Health Organization (2005). Mental health policy, plans and programmes, Updated version. World Health Organization. <https://iris.who.int/handle/10665/42948>
- World Health Organization (2005). Child and adolescent mental health policies and plans. World Health Organization. <https://iris.who.int/handle/10665/43068>
- World Health Organization (2005). Human resources and training in mental health. World Health Organization. <https://iris.who.int/handle/10665/43098>
- World Health Organization (2005). Improving access and use of psychotropic medicines. World Health Organization. <https://iris.who.int/handle/10665/42883>
- World Health Organization (2005). Mental health information systems. World Health Organization. <https://iris.who.int/handle/10665/43210>
- World Health Organization (2003). Mental health financing. World Health Organization. <https://iris.who.int/handle/10665/333119>
- World Health Organization (2003). Organization of services for mental health. World Health Organization. <https://iris.who.int/handle/10665/333104>
- World Health Organization (2003). Planning and budgeting to deliver services for mental health. World Health Organization. <https://iris.who.int/handle/10665/333115>
- World Health Organization (2003). Advocacy for mental health. World Health Organization. <https://iris.who.int/handle/10665/333227>
- World Health Organization (2003). Quality improvement for mental health. World Health Organization. <https://iris.who.int/handle/10665/333269>
- World Health Organization (2003). The mental health context. World Health Organization. <https://iris.who.int/handle/10665/333084>

- World Health Organization (2025). Guidance on mental health policy and strategic action plans: module 4: country case scenarios. World Health Organization. <https://iris.who.int/handle/10665/380468>
- World Health Organization (2025). Guidance on mental health policy and strategic action plans: module 5: comprehensive directory of policy areas, directives, strategies and actions for mental health. World Health Organization. <https://iris.who.int/handle/10665/380469>

WHO QualityRights assessment tool kit

- World Health Organization (2012). WHO QualityRights assessment tool kit: assessing and improving quality and human rights in mental health and social care facilities: facility-based assessment report. World Health Organization. <https://iris.who.int/handle/10665/374255>
- World Health Organization (2012). WHO QualityRights assessment tool kit: assessing and improving quality and human rights in mental health and social care facilities: country-wide assessment report. World Health Organization. <https://iris.who.int/handle/10665/374256>
- World Health Organization (2012). WHO QualityRights assessment tool kit: assessing and improving quality and human rights in mental health and social care facilities. World Health Organization. <https://iris.who.int/handle/10665/70927>
- World Health Organization (2012). WHO QualityRights assessment tool kit: assessing and improving quality and human rights in mental health and social care facilities: interview tool. World Health Organization. <https://iris.who.int/handle/10665/374253>
- World Health Organization (2012). WHO QualityRights assessment tool kit: assessing and improving quality and human rights in mental health and social care facilities: review of documents and observation tool. World Health Organization. <https://iris.who.int/handle/10665/374254>
- World Health Organization (2019). Transforming services and promoting human rights: WHO QualityRights training and guidance: mental health and social services: course guide. World Health Organization. <https://iris.who.int/handle/10665/329611>

WHO QualityRights materials for training, guidance and transformation

- World Health Organization (2019). Human rights. WHO QualityRights Core training - for all services and all people. Course guide. Geneva: World Health Organization. <https://apps.who.int/iris/bitstream/handle/10665/329538/9789241516693-eng.pdf>
- World Health Organization (2019). Mental health, disability and human rights: WHO QualityRights core training - for all services and all people: course guide. World Health Organization. <https://iris.who.int/handle/10665/329546>
- World Health Organization (2019). Freedom from coercion, violence and abuse: WHO QualityRights core training: mental health and social services: course guide. World Health Organization. <https://iris.who.int/handle/10665/329582>
- World Health Organization (2019). Legal capacity and the right to decide: WHO QualityRights core training: mental health and social services: course guide. World Health Organization. <https://iris.who.int/handle/10665/329539>
- World Health Organization (2019). Recovery and the right to health: WHO QualityRights core training: mental health and social services: course guide. World Health Organization. <https://iris.who.int/handle/10665/329577>
- World Health Organization (2019). Strategies to end seclusion and restraint: WHO QualityRights specialized training: course guide. World Health Organization. <https://iris.who.int/handle/10665/329605>.

- World Health Organization (2019). Supported decision-making and advance planning: WHO QualityRights Specialized training: course guide. World Health Organization. <https://iris.who.int/handle/10665/329609>.
- World Health Organization (2019).. Recovery practices for mental health and well-being. WHO QualityRights Specialized training. Course guide. Geneva: World Health Organization; 2019. <https://iris.who.int/items/45da9184-5f21-4609-9d89-22089305862e>
- World Health Organization (2019). Transforming services and promoting human rights: WHO QualityRights training and guidance: mental health and social services: course guide. World Health Organization. <https://iris.who.int/handle/10665/329611>
- World Health Organization (2019). Peer support groups by and for people with lived experience: WHO QualityRights guidance module. World Health Organization. <https://iris.who.int/handle/10665/329594>
- World Health Organization (2019). One-to-one peer support by and for people with lived experience: WHO QualityRights guidance module. World Health Organization. <https://iris.who.int/handle/10665/329591>
- World Health Organization (2019). Advocacy for mental health, disability and human rights: WHO QualityRights guidance module: module slides. World Health Organization. <https://iris.who.int/handle/10665/329617>
- World Health Organization (2019). Civil society organizations to promote human rights in mental health and related areas: WHO QualityRights guidance module. World Health Organization. <https://iris.who.int/handle/10665/329589>
- World Health Organization (2019). Person-centred recovery planning for mental health and well-being: self-help tool: WHO QualityRights. World Health Organization. <https://iris.who.int/handle/10665/329598>

Online training

- World Health Organization. World Health Organization's QualityRights e-training on Mental health, Recovery and Community Inclusion [E-learning online course]. World Health Organization. <https://www.who.int/teams/mental-health-and-substance-use/policy-law-rights/qr-e-training>

3. Mental Health across Government Sectors

- Guidance on policy and strategic actions to protect and promote mental health and well-being across government sectors. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382483>
- Guidance on policy and strategic actions for government-led cross sectoral mental health initiatives. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382877>
- Guidance on policy and strategic actions for mental health and the culture, arts and sport sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382876>
- Guidance on policy and strategic actions for mental health and the defence and veterans sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382875>
- Guidance on policy and strategic actions for mental health and the education sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382874>
- Guidance on policy and strategic actions for mental health and the employment sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382873>
- Guidance on policy and strategic actions for mental health and the environment, conservation and climate protection sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382872>
- Guidance on policy and strategic actions for mental health and the health sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382583>
- Guidance on policy and strategic actions for mental health and the interior sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382582>
- Guidance on policy and strategic actions for mental health and the justice sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382581>
- Guidance on policy and strategic actions for mental health and the social protection sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382580>
- Guidance on policy and strategic actions for mental health and the urban and rural development sector. Geneva: World Health Organization; 2025 (Mental health and well-being across government sectors). <https://iris.who.int/handle/10665/382878>

4. Investing/Priority Setting in Mental Health

- International Bank for Reconstruction and Development / The World Bank and World Health Organization (2024). International Dialogue on Sustainable Financing for Noncommunicable Diseases and Mental Health. Meeting report. Washington, DC: World Bank and the World Health Organization. https://cdn.who.int/media/docs/default-source/ncds/sustainable-financing-dialogue-meeting-report.pdf?sfvrsn=40f650ff_4
- World Health Organization (2024). Prevention and management of mental health conditions in Jordan – The case for investment. World Health Organization. https://www.mhinnovation.net/sites/default/files/content/document/mental_health_jordan_IC_report_2024.pdf
- World Health Organization (2022). Prevention and management of mental health conditions in Zimbabwe – The case for investment. Ministry of Health and Child Care, Zimbabwe. [https://www.who.int/publications/m/item/investment-case-for-zimbabwe-\(1\)](https://www.who.int/publications/m/item/investment-case-for-zimbabwe-(1))
- World Health Organization (2021). WHO menu of cost-effective interventions for mental health. World Health Organization. <https://iris.who.int/handle/10665/343074>
- World Health Organization & United Nations Development Programme (2021). Mental health investment case: a guidance note. World Health Organization. <https://iris.who.int/handle/10665/340246>
- World Health Organization (2019). Making the investment case for mental health: a WHO/UNDP methodological guidance note. World Health Organization. <https://iris.who.int/handle/10665/325116>
- Patel V, Chisholm D, Dua T, Laxminarayan R, Medina-Mora, M. (2016). Mental, Neurological, and Substance Use Disorders. Disease Control Priorities, third edition, volume 4. Washington, DC: World Bank. <https://www.dcp-3.org/mentalhealth>⁶
- World Health Organization (2013). Investing in mental health: evidence for action. World Health Organization. <https://iris.who.int/handle/10665/87232>⁷
- World Health Organization (2006). Dollars, DALYs and decisions : economic aspects of the mental health system. World Health Organization. World Health Organization. <https://iris.who.int/handle/10665/43574>
- World Health Organization (2006). Economic aspects of the mental health system: key messages to health planners and policy-makers. World Health Organization. World Health Organization. <https://iris.who.int/handle/10665/70793>

⁶ Update of: World Health Organization & Disease Control Priorities Project (2006). Disease control priorities related to mental, neurological, developmental and substance abuse disorders. World Health Organization. <https://iris.who.int/handle/10665/43565>

⁷ Update of: World Health Organization (2003). Investing in mental health. World Health Organization. <https://iris.who.int/handle/10665/42823>

5. Mental Health Services (including Integrated Care)⁸

Mental health services with person-centred and rights-based approaches

- World Health Organization (2021). Guidance on community mental health services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341648>⁹
- World Health Organization (2021). Community outreach mental health services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341644>
- World Health Organization (2021). Community mental health centres: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341642>
- World Health Organization (2021). Comprehensive mental health service networks: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341646>
- World Health Organization (2021). Guidance on community mental health services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341648>
- World Health Organization (2021). Hospital-based mental health services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341647>
- World Health Organization (2021). Mental health crisis services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341637>
- World Health Organization (2021). Peer support mental health services: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341643>
- World Health Organization (2021). Supported living services for mental health: promoting person-centred and rights-based approaches. World Health Organization. <https://iris.who.int/handle/10665/341645>

Expert opinion

- World Health Organization (2007). Expert opinion on barriers and facilitating factors for the implementation of existing mental health knowledge in mental health services. World Health Organization. <https://iris.who.int/handle/10665/44808>

Special Initiative for Mental Health

- World Health Organization (2023). WHO Special Initiative for Mental Health: Mid-Term Learnings. World Health Organization. https://cdn.who.int/media/docs/default-source/mental-health/special-initiative/midterm-review-final-report-simh-2023.pdf?sfvrsn=c3d8e07f_2
- World Health Organization (2019). The WHO special initiative for mental health (2019-2023): universal health coverage for mental health. World Health Organization. <https://iris.who.int/handle/10665/310981>
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⁸ See also “Mental health policy and service guidance package” covered in previous section.

⁹ Also published in abbreviated form as: World Health Organization (2021). Guidance and technical packages on community mental health services: promoting person-centred and rights-based approaches: executive summary. World Health Organization. <https://iris.who.int/handle/10665/341638>

Deinstitutionalization

- World Health Organization (2014). Innovation in deinstitutionalization: a WHO expert survey. World Health Organization & Gulbenkian Foundation. <https://iris.who.int/handle/10665/112829>

Integrating mental health in primary health care

Policies and agenda setting

- World Health Organization (2018). Mental health in primary care: illusion or inclusion? World Health Organization. <https://iris.who.int/handle/10665/326298>
- World Health Organization & World Organization of Family Doctors (2008). Integrating mental health into primary care: a global perspective. World Health Organization. <https://iris.who.int/handle/10665/43935>

mhGAP

- World Health Organization. mhGAP: Integrating mental health into primary care [E-learning online course]. World Health Organization. https://whoacademy.org/coursewares/course-v1:WHO+0005_MHGAP_EN+2024?source=edX
- World Health Organization (2023). Mental Health Gap Action Programme (mhGAP) guideline for mental, neurological and substance use disorders. World Health Organization. <https://iris.who.int/handle/10665/374250>
- World Health Organization & UNHCR (2022). mhGAP humanitarian intervention guide (mhGAP-HIG) training of health-care providers: training manual. World Health Organization. <https://iris.who.int/handle/10665/352581>
- World Health Organization (2021). Stories of change in four countries: building capacity for integrating mental health care within health services across humanitarian settings. World Health Organization. <https://iris.who.int/handle/10665/349939>
- World Health Organization (2019). mhGAP community toolkit: Mental Health Gap Action Programme (mhGAP). World Health Organization. <https://iris.who.int/handle/10665/328742>
- World Health Organization (2018). mhGAP operations manual. World Health Organization. <https://iris.who.int/handle/10665/275386>
- World Health Organization (2017). mhGAP training manuals for the mhGAP intervention guide for mental, neurological and substance use disorders in non-specialized health settings, version 2.0 (for field testing). World Health Organization. <https://iris.who.int/handle/10665/259161>
- World Health Organization (2016). mhGAP intervention guide for mental, neurological and substance use disorders in non-specialized health settings: mental health Gap Action Programme (mhGAP), version 2.0. World Health Organization. <https://iris.who.int/handle/10665/250239>¹⁰
- World Health Organization & UNHCR (2015). mhGAP humanitarian intervention guide (mhGAP-HIG): clinical management of mental, neurological and substance use conditions in humanitarian emergencies. World Health Organization. <https://iris.who.int/handle/10665/162960>
- World Health Organization (2015). Update of the Mental Health Gap Action Programme (mhGAP) guidelines for mental, neurological and substance use disorders, 2015. World Health Organization. <https://iris.who.int/handle/10665/204132>

¹⁰ Update of: World Health Organization (2010). mhGAP intervention guide for mental, neurological and substance use disorders in non-specialized health settings: mental health Gap Action Programme (mhGAP). World Health Organization. <https://iris.who.int/handle/10665/44406>

- World Health Organization & UNHCR (2013). Assessment and management of conditions specifically related to stress: mhGAP intervention guide module. World Health Organization. <https://iris.who.int/handle/10665/85623>
- World Health Organization (2008). mhGAP: Mental Health Gap Action Programme: scaling up care for mental, neurological and substance use disorders. World Health Organization. <https://iris.who.int/handle/10665/43809>
- World Health Organization (2002). Mental health global action programme (mhGAP): close the gap, dare to care. World Health Organization. <https://iris.who.int/handle/10665/67222>

Integrating in disease / physical health programs

- World Health Organization (2023). WHO operational handbook on tuberculosis: module 6: tuberculosis and comorbidities: mental health conditions. World Health Organization. <https://iris.who.int/handle/10665/373829>
- World Health Organization (2023). Integrating psychosocial interventions and support into HIV services for adolescents and young adults: technical brief. World Health Organization. <https://iris.who.int/handle/10665/369133>
- World Health Organization (2022). Guide for integration of perinatal mental health in maternal and child health services. World Health Organization. <https://iris.who.int/handle/10665/362880>
- World Health Organization (2022). Integration of mental health and HIV interventions – Key considerations. World Health Organization. <https://iris.who.int/handle/10665/353571>
- World Health Organization (2020). Mental health of people with neglected tropical diseases: towards a person-centred approach. World Health Organization. <https://iris.who.int/handle/10665/335885>
- World Health Organization (2014). Integrating the response to mental disorders and other chronic diseases in health care systems. World Health Organization and Gulbenkian Foundation. <https://iris.who.int/handle/10665/112830>
- World Health Organization (2009). A qualitative review of psychosocial support interventions for young people living with HIV. World Health Organization. <https://iris.who.int/handle/10665/70174>
- World Health Organization (2005). Psychiatric care in anti-retroviral (ARV) therapy: for second level care. World Health Organization. <https://iris.who.int/handle/10665/43197>
- World Health Organization (2005). Mental health and HIV/AIDS: basic counselling guidelines. World Health Organization. <https://iris.who.int/handle/10665/43196>

Medicines

- World Health Organization & Fundação Calouste Gulbenkian (2017). Improving access to and appropriate use of medicines for mental disorders. World Health Organization. <https://iris.who.int/handle/10665/254794>
- World Health Organization (2009). Pharmacological treatment of mental disorders in primary health care. World Health Organization. <https://iris.who.int/handle/10665/44095>

6. Psychological Interventions

Psychological Intervention Implementation manual

- World Health Organization (2024). Psychological interventions implementation manual: integrating evidence-based psychological interventions into existing services. World Health Organization. <https://iris.who.int/handle/10665/376208>

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- World Health Organization & United Nations Children's Fund (UNICEF) (2023). Early Adolescent Skills for Emotions (EASE): group psychological help for young adolescents affected by distress in communities exposed to adversity, generic field-trial version 1.0, 2023. World Health Organization. <https://iris.who.int/handle/10665/374996>
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- World Health Organization (2016). Group interpersonal therapy (IPT) for depression. World Health Organization. <https://iris.who.int/handle/10665/250219>
- World Health Organization (2015). Thinking healthy: a manual for psychosocial management of perinatal depression, WHO generic field-trial version 1.0, 2015. World Health Organization. <https://iris.who.int/handle/10665/152936>

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- World Health Organization & United Nations Children's Fund (UNICEF) (2025). Early Adolescent Skills for Emotions (EASE): training manual for a group psychological intervention for young adolescents affected by distress. World Health Organization. <https://iris.who.int/handle/10665/382374>
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- World Health Organization (2025). Educating medical and nursing students to provide mental health, neurological and substance use care: a practical guide for pre-service education. World Health Organization. <https://iris.who.int/handle/10665/380914>
- World Health Organization (2020). Enhancing mental health pre-service training with the mhGAP intervention guide: experiences and lessons learned. World Health Organization. <https://iris.who.int/handle/10665/333970>
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- World Health Organization & United Nations Children's Fund (UNICEF). EQUIP digital platform [website]. <https://equipcompetency.org/en-gb>

8. Suicide Prevention

Estimates

- World Health Organization (2025). Suicide worldwide in 2021: global health estimates. World Health Organization. <https://iris.who.int/handle/10665/381495> ¹¹
- World Health Organization (2022). Suicide: facts and figures globally. World Health Organization. <https://iris.who.int/handle/10665/360460>

Suicide prevention strategies (including LIVE LIFE)

- World Health Organization (2022). LIVE LIFE: preventing suicide: implementation. World Health Organization. <https://iris.who.int/handle/10665/360459>
- World Health Organization (2021). LIVE LIFE: an implementation guide for suicide prevention in countries. World Health Organization. <https://iris.who.int/handle/10665/341726>
- World Health Organization (2018). LIVE LIFE: preventing suicide. World Health Organization. <https://iris.who.int/handle/10665/325650>
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Suicide prevention resources

- World Health Organization (2024). Preventing suicide by phasing out highly hazardous pesticides. World Health Organization. <https://www.who.int/publications/m/item/preventing-suicide-by-phasing-out-highly-hazardous-pesticides>
- World Health Organization (2023). Preventing suicide: a resource for media professionals, update 2023. World Health Organization. <https://iris.who.int/handle/10665/372691>
- World Health Organization (2021). Depression and suicide: what you need to know and what you can do. World Health Organization. <https://www.who.int/campaigns/world-mental-health-day/2021/campaign-materials>
- World Health Organization (2019). Preventing suicide: a resource for filmmakers and others working on stage and screen. World Health Organization. <https://iris.who.int/handle/10665/328774>
- World Health Organization & Food and Agriculture Organization of the United Nations; (2019). Preventing suicide: a resource for pesticide registrars and regulators. World Health Organization. <https://iris.who.int/handle/10665/326947>
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- World Health Organization (2009). Preventing suicide: a resource for police, firefighters and other first line responders. World Health Organization. <https://iris.who.int/handle/10665/44175>
- World Health Organization & International Association for Suicide Prevention (2007). Preventing suicide in jails and prisons. World Health Organization. <https://iris.who.int/handle/10665/43678>
- World Health Organization (2006). Preventing suicide: a resource for counsellors. World Health Organization. <https://iris.who.int/handle/10665/43487>
- World Health Organization (2006). Preventing suicide: a resource at work. World Health Organization. <https://iris.who.int/handle/10665/43502>

Surveillance

- World Health Organization (2025). Preventing suicide: a resource for strengthening suicide case registration. World Health Organization. <https://iris.who.int/handle/10665/383754>
- World Health Organization (2022). Training manual for surveillance of suicide and self-harm in communities via key informants. World Health Organization. <https://iris.who.int/handle/10665/365481>
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- World Health Organization. Standard STEPS instrument. Optional Modules: Mental health/suicide. World Health Organization. <https://www.who.int/teams/noncommunicable-diseases/surveillance/systems-tools/steps/instrument>
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Community engagement

- World Health Organization (2018). Preventing suicide: a community engagement toolkit. World Health Organization. <https://iris.who.int/handle/10665/272860>¹²

Decriminalization

- World Health Organization (2023). WHO policy brief on the health aspects of decriminalization of suicide and suicide attempts. World Health Organization. <https://iris.who.int/handle/10665/372848>

Restricting access to the means for suicide – Pesticide suicides

- World Health Organization (2024). Pesticides: training for health care providers, 2nd ed. World Health Organization. <https://iris.who.int/handle/10665/375858>
- World Health Organization & Food and Agriculture Organization of the United Nations (2023). International code of conduct on pesticide management: guidance on use of pesticide regulation to prevent suicide. World Health Organization. <https://iris.who.int/handle/10665/370537>

¹² Update of: World Health Organization (2016). Preventing suicide: a community engagement toolkit, Pilot version 1.0. World Health Organization. <https://iris.who.int/handle/10665/252071>

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- World Health Organization (2016). Safer access to pesticides: experiences from community interventions. World Health Organization. <https://iris.who.int/handle/10665/246233>
- World Health Organization (2009). Guns, knives, and pesticides: reducing access to lethal means. World Health Organization. <https://iris.who.int/handle/10665/44060>
- World Health Organization & International Association for Suicide Prevention (2008). Prevention of suicidal behaviours: feasibility demonstration projects on community interventions for safer access to pesticides. World Health Organization. <https://iris.who.int/handle/10665/43900>
- World Health Organization (2008). Clinical management of acute pesticide intoxication: prevention of suicidal behaviours. World Health Organization. <https://iris.who.int/handle/10665/44020>

Suicide bereavement support group

- World Health Organization (2025). Preventing suicide: how to start a suicide bereavement support group. World Health Organization. <https://iris.who.int/handle/10665/383270>

9. Child and Young People's Mental Health

Joint programmes and inter-agency initiatives

- World Health Organization and United Nations Children's Fund (UNICEF) (2022). UNICEF and WHO joint programme on mental health and psychosocial well-being and development of children and adolescents. World Health Organization. <https://iris.who.int/handle/10665/363339>
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- World Health Organization & Global Initiative to Support Parents (2022). Global Initiative to Support Parents – Inter-Agency Vision. <https://www.who.int/publications/m/item/global-initiative-to-support-parents>

Helping Adolescents Thrive (HAT)

- World Health Organization & United Nations Children's Fund (UNICEF) (2021). Helping adolescents thrive toolkit: strategies to promote and protect adolescent mental health and reduce self-harm and other risk behaviours. World Health Organization. <https://iris.who.int/handle/10665/341327>¹³
- World Health Organization (2020). Guidelines on mental health promotive and preventive interventions for adolescents: helping adolescents thrive. World Health Organization. <https://iris.who.int/handle/10665/336864>¹⁴
- World Health Organization (2020). Guidelines on mental health promotive and preventive interventions for adolescents: helping adolescents thrive: web annex: GRADE evidence profiles and tables of included studies. World Health Organization. <https://iris.who.int/handle/10665/336655>

Materials for teachers and school managers

- United Nations Children's Fund (UNICEF) & World Health Organization (2025). Teacher's guide to the Comic story Magnificent Mei and friends, 2nd ed. World Health Organization. <https://iris.who.int/handle/10665/382369>
- United Nations Children's Fund (UNICEF) & World Health Organization (2025). The comic story of Magnificent Mei and friends. World Health Organization. <https://iris.who.int/handle/10665/381777>
- World Health Organization, United Nations Children's Fund (UNICEF) & UNESCO (2023). How school systems can improve health and well-being: topic brief: mental health. World Health Organization. <https://iris.who.int/handle/10665/367426>
- World Health Organization & UNESCO (2021). WHO guideline on school health services. World Health Organization. <https://iris.who.int/handle/10665/341910>

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- World Health Organization & United Nations Children's Fund (UNICEF) (2021). Magnificent Mei and friends: comic 1. World Health Organization. <https://iris.who.int/handle/10665/341347>
- United Nations Children's Fund (UNICEF), Save the Children/MHPSS Collaborative and World Health Organization (2021). I Support My Friends – Theory and Implementation Guide. New York: UNICEF. <https://www.unicef.org/media/102771/file/1.%20Theory%20and%20Implementation%20Guide.pdf>
- United Nations Children's Fund (UNICEF), Save the Children/MHPSS Collaborative and World Health Organization (2021). I Support My Friends – The Participants' Workbook. New York: UNICEF. <https://www.unicef.org/media/102781/file/3.%20Participants%20Workbook.pdf>
- United Nations Children's Fund (UNICEF), Save the Children/MHPSS Collaborative and World Health Organization (2021). I Support My Friends – Training Manual. New York: UNICEF. <https://www.unicef.org/media/102786/file/2.%20Training%20Manual.pdf> <https://www.unicef.org/media/102786/file/2. Training Manual.pdf>
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- World Health Organization (2001). Through children's eyes: a collection of drawings and stories from the WHO Global School Contest on Mental Health. World Health Organization. <https://iris.who.int/handle/10665/67177>

Psychological interventions

- World Health Organization & United Nations Children's Fund (UNICEF) (2023). Early Adolescent Skills for Emotions (EASE): group psychological help for young adolescents affected by distress in communities exposed to adversity, generic field-trial version 1.0, 2023. World Health Organization. <https://iris.who.int/handle/10665/374996>
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Other documents on child and young person's mental health

- World Health Organization & United Nations Children's Fund (UNICEF) (2024). Mental health of children and young people: service guidance. World Health Organization. <https://iris.who.int/handle/10665/379114>
- World Health Organization & United Nations Children's Fund (UNICEF) (2023). Global report on children with developmental disabilities: from the margins to the mainstream. World Health Organization. <https://iris.who.int/handle/10665/372864>
- World Health Organization, United Nations Children's Fund (UNICEF) and UNESCO (2023). How school systems can improve health and well-being: topic brief: mental health. World Health Organization. <https://iris.who.int/handle/10665/367426>

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- World Health Organization (2012). Adolescent mental health: mapping actions of nongovernmental organizations and other international development organizations. World Health Organization. <https://iris.who.int/handle/10665/44875>
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- World Health Organization (2006). Mental health and psychosocial well-being among children in severe food shortage situations. World Health Organization. <https://iris.who.int/handle/10665/332423>
- World Health Organization (2005). Atlas: child and adolescent mental health resources: global concerns: implications for the future. World Health Organization. <https://iris.who.int/handle/10665/43307>
- World Health Organization (2003). Caring for children and adolescents with mental disorders: setting WHO directions. World Health Organization. <https://iris.who.int/handle/10665/42679>

Adolescents

- World Health Organization & United Nations Children's Fund (UNICEF) (2021). Helping adolescents thrive toolkit: strategies to promote and protect adolescent mental health and reduce self-harm and other risk behaviours. World Health Organization. <https://iris.who.int/handle/10665/341327>¹⁵
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¹⁷ Web annex: World Health Organization (2020). Guidelines on mental health promotive and preventive interventions for adolescents: helping adolescents thrive: web annex: GRADE evidence profiles and tables of included studies. World Health Organization. <https://iris.who.int/handle/10665/336655>

10. Mental Health and Work

Facts and figures

- Leka, S., Jain, A. & World Health Organization (2010). Health impact of psychosocial hazards at work: an overview. World Health Organization. <https://iris.who.int/handle/10665/44428>
- Leka, S., Griffiths, A., Cox, T. & World Health Organization. Occupational and Environmental Health Team (2003). Work organisation and stress: systematic problem approaches for employers, managers and trade union representatives. World Health Organization. <https://iris.who.int/handle/10665/42625>

Guidelines

- World Health Organization (2022). WHO guidelines on mental health at work. World Health Organization. <https://iris.who.int/handle/10665/363177> ^{18, 19}

Policies and policy briefs

- World Health Organization & International Labour Organization (2022). Mental health at work: policy brief. World Health Organization. <https://iris.who.int/handle/10665/362983>
- World Health Organization (2005). Mental health policies and programmes in the workplace. World Health Organization. <https://iris.who.int/handle/10665/43337>

Other

- World Health Organization (2006). Preventing suicide: a resource at work. World Health Organization (<https://iris.who.int/handle/10665/43502>).

¹⁸ Also published in abbreviated form as: World Health Organization (2022). WHO guidelines on mental health at work: executive summary. World Health Organization. <https://iris.who.int/handle/10665/363156>

¹⁹ Web annex: World Health Organization (2022). WHO guidelines on mental health at work: web annex: evidence profiles and supporting evidence. World Health Organization. <https://iris.who.int/handle/10665/363102>

11. Prevention, Promotion and Social Determinants²⁰

General documents

- World Health Organization (2014). Social determinants of mental health. World Health Organization. <https://iris.who.int/handle/10665/112828>
- World Health Organization (2005). Promoting mental health: concepts, emerging evidence, practice: a report of the World Health Organization, Department of Mental Health and Substance Abuse in collaboration with the Victorian Health Promotion Foundation and the University of Melbourne. World Health Organization. <https://iris.who.int/handle/10665/43286>²¹
- World Health Organization (2004). Mental health promotion: case studies from countries. World Health Organization. <https://iris.who.int/handle/10665/43028>
- World Health Organization (2004). Prevention of mental disorders: effective interventions and policy options: summary report / a report of the World Health Organization Dept. of Mental Health and Substance Abuse; in collaboration with the Prevention Research Centre of the Universities of Nijmegen and Maastricht. World Health Organization. <https://iris.who.int/handle/10665/43027>
- World Health Organization (2002). Prevention and promotion in mental health. World Health Organization. <https://iris.who.int/handle/10665/42539>

²⁰ Documents on mental health promotion and prevention related to mental health of adolescents, mental health at work, mental health in emergencies, and suicide prevention are covered in relevant sections of this document.

²¹ Also published in abbreviated form as: World Health Organization (2004). Promoting mental health: concepts, emerging evidence, practice: summary report / a report from the World Health Organization in collaboration with the Victorian Health Promotion Foundation and the University of Melbourne. World Health Organization. <https://iris.who.int/handle/10665/429406>

12. Mental Health and Psychosocial Support (MHPSS) in Emergencies

Guiding reports

- World Health Organization (2023). Mental health of refugees and migrants: risk and protective factors and access to care. World Health Organization. <https://iris.who.int/handle/10665/373279>
- World Health Organization (2013). Building back better: sustainable mental health care after emergencies. World Health Organization. <https://iris.who.int/handle/10665/85377>
- World Health Organization (2003). Mental health in emergencies: mental and social aspects of health of populations exposed to extreme stressors. World Health Organization. <https://iris.who.int/handle/10665/67866>

Situation analysis and needs assessment

- World Health Organization & UNHCR (2012). Assessing mental health and psychosocial needs and resources: toolkit for humanitarian settings. World health Organization. <https://iris.who.int/handle/10665/76796>
- World Health Organization (2011). The humanitarian emergency settings perceived needs scale (HESPER). World Health Organization. <https://iris.who.int/handle/10665/44643>

Psychological first aid

- World Health Organization, War Trauma Foundation & World Vision International (2013). Psychological first aid: facilitator's manual for orienting field workers. World Health Organization. <https://iris.who.int/handle/10665/102380>
- World Health Organization, War Trauma Foundation & World Vision International (2011). Psychological first aid: guide for field workers. World Health Organization. <https://iris.who.int/handle/10665/44615>

mhGAP in humanitarian settings

- World Health Organization & UNHCR (2022). mhGAP humanitarian intervention guide (mhGAP-HIG) training of health-care providers: training manual. World Health Organization. <https://iris.who.int/handle/10665/352581>
- World Health Organization & UNHCR (2015). mhGAP humanitarian intervention guide (mhGAP-HIG): clinical management of mental, neurological and substance use conditions in humanitarian emergencies. World Health Organization. <https://iris.who.int/handle/10665/162960>
- World Health Organization & UNHCR (2013). Assessment and management of conditions specifically related to stress: mhGAP intervention guide mode. World Health Organization. <https://iris.who.int/handle/10665/85623>
- World Health Organization (2013). Guidelines for the management of conditions that are specifically related to stress. World Health Organization. <https://iris.who.int/handle/10665/85119>

Mental health and climate/environmental emergencies

- World Health Organization (2022). Mental health and climate change: policy brief. World Health Organization. <https://iris.who.int/handle/10665/354104>
- World Health Organization (2020). A framework for mental health and psychosocial support in radiological and nuclear emergencies. World Health Organization. <https://iris.who.int/handle/10665/336955>
- World Health Organization. (2005). Mental health of populations exposed to biological and chemical attacks. World Health Organization. <https://iris.who.int/handle/10665/68786>

Disease outbreaks²²

- World Health Organization (2024). Psychological first aid during Ebola virus disease outbreaks, 2nd edition. World Health Organization.
<https://iris.who.int/handle/10665/379661> ²³
- World Health Organization (2024). Facilitation manual: psychological first aid during Ebola virus disease outbreaks, 2nd edition. World Health Organization.
<https://iris.who.int/handle/10665/379549> ²⁴
- World Health Organization (2016). Psychosocial support for pregnant women and for families with microcephaly and other neurological complications in the context of Zika virus: interim guidance for health-care providers. World Health Organization.
<https://iris.who.int/handle/10665/204492>
- World Health Organization (2017). WHO toolkit for the care and support of people affected by complications associated with Zika virus. World Health Organization.
<https://iris.who.int/handle/10665/255718>

Sexual violence in humanitarian settings

- World Health Organization, United Nations Population Fund (UNFPA) & UNHCR (2020). Clinical management of rape and intimate partner violence survivors. World Health Organization. <https://iris.who.int/handle/10665/331535>
- World Health Organization (2014). Health care for women subjected to intimate partner violence or sexual violence: a clinical handbook. World Health Organization. <https://iris.who.int/handle/10665/136101>
- World Health Organization (2012). GBV Do's and don'ts in community-based psychosocial programming in regard to sexual violence in conflict-affected settings. World Health Organization. <https://iris.who.int/handle/10665/75175>
- World Health Organization (2012). Mental health and psychosocial support for conflict-related sexual violence: principles and interventions: summary. World Health Organization. <https://iris.who.int/handle/10665/75179>
- World Health Organization (2012). Mental health and psychosocial support for conflict-related sexual violence: 10 myths. World Health Organization. <https://iris.who.int/handle/10665/75177>

Study courses and training programmes

- World Health Organization. Introducing mental health and psychosocial support (MHPSS) in emergencies [E-learning online course]. World Health Organization.
<https://openwho.org/emergencymgmt/536361/Mental+health+and+psychosocial+support+in+emergencies>

IASC resources

Guidance

- Inter-Agency Standing Committee (IASC) Reference Group for Mental Health and Psychosocial Support in Emergency Settings (2022). IASC Mental Health and Psychosocial Support Minimum Service Package. Geneva: IASC.
<https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and->

²² See also separate section with COVID-19 documents below

²³ Update of: World Health Organization (2014). Psychological first aid during Ebola virus disease outbreaks. World Health Organization. <https://iris.who.int/handle/10665/131682>

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Documents on response for the COVID-19 pandemic

- Executive Board, 148 (2021). Mental health preparedness and response for the COVID-19 pandemic: report by the Director-General. World Health Organization. <https://iris.who.int/handle/10665/359717>

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Other

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- World Health Organization (2023). Global mapping report on multisectoral actions to strengthen the prevention and control of noncommunicable diseases and mental health conditions: experiences from around the world. World Health Organization. <https://iris.who.int/handle/10665/372861> ²⁶
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